

Fall has Arrived | 1

It was nice to see and hear the refreshing rain this morning after such a hot day yesterday. We have had a hot summer and now our lawns are enjoying the cooler weather and rain and are showing of a brilliant green.

The temperature did reach 90 degrees on Thursday and a cooling off so quickly last night was very refreshing. Fall has arrived and is welcome.

Take a few moments to sit back and enjoy the arrival of fall. Here's a couple of my favorite poems to share for the season:

Carl Sandburg, 1878 – 1967

AUTUMN MOVEMENT

"I cried over beautiful things knowing no beautiful thing lasts.

The field of cornflower yellow is a scarf at the neck of the copper sunburned woman, the mother of the year, the taker of seeds.

The northwest wind comes and the yellow is



torn full of holes, new beautiful things come in the first spit of snow on the northwest wind, and the old things go, not one lasts."

Carl Sandburg was awarded three Pulitzer Prizes in his lifetime—the first in 1919 for his poetry collection *Corn Huskers*, the second in 1940 for his biography *Abraham Lincoln: The War Years*, and the third in 1951 for *Complete Poems*.

"The Peace of Wild Things"

Wendell Berry, 1934-

"When despair for the world grows in me and I wake in the night at the least sound



in fear of what my life and my children's lives may be,

I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds.

I come into the peace of wild things who do not tax their lives with forethought of grief. I come into the presence of still water.

And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free."

Wendell Berry is a Poet, essayist, farmer, and novelist and he lives on a farm in Port Royal,



Kentucky. He has
taught at New York
University and at the
University of Kentucky.
Among his honors and
awards are fellowships
from the Guggenheim
and Rockefeller
Foundations, a Lannan
Foundation Award, and
a grant from the
National Endowment for
the Arts.

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Enjoy the last days of September and welcome October (and fall) this weekend.

Week Three
Shopping List for
Emergency
Preparedness:

1. One gallon water



(this finishes your shopping for water)

- 2. One can fruit
- 3. One can vegetables
- 4. One can of meat
- 5. If you own a pet, be sure to add buying a can of food for them this week.

This is the third part of a twelve week plan to prepare a 3-day disaster supply kit.