

#### **QUICK QUIZ:**

Name an important emergency preparedness item that each of us should have in our home? If you said Fire Extinguisher you are right! A kitchen stove fire or other small fire can easily be extinguished with a handy fire extinguisher.

Buy One if you don't have one!

Know how to use it!

Be prepared!

The following is a great article on picking and being prepared to use a fire extinguisher.

http://www.usfa.fema.gov/prevention/outreach/extinguishers.html

# As a follow up to last week's blog:

Our trip to the Panama Canal in October just happened to be the 100th anniversary of the opening of the Canal. The creation of the Canal is a great story of courage and determination. Mr. Blogger and I read David McCullough's "The Path Between the Seas – The Creation of the Panama Canal, 1870-1914." A lengthy and detailed account of the accomplishment but well worth the read.

Here is a very true quote from Amazon.com about the book "...tells the story of the men and women who fought against all odds to fulfill the 400-year-old dream of constructing an aquatic passageway between the Atlantic and Pacific oceans. It is a story of astonishing engineering feats, tremendous



Fire Prevention – Stillwaters Style | 2 medical accomplishments, political power plays, heroic successes, and tragic failures."

Going through the Panama Canal is a tremendous adventure anyway, but knowing all the blood, sweat and tears that went into to making is almost overwhelming. Here are some pictures of our day-long adventure crossing the canal.



The Bridge of the Americas greets you before the Canal on the Pacific side.



Entering the first of three locks on the Pacific side.



Our Ship barely fits in the locks!





Busy traffic behind us at the locks



A great view a lock in motion.

Either way you go, you must navigate three locks in and three locks out of the canal. A great adventure and I hope you enjoyed the photos.

#### **Quote of the Week:**

Don't be content in your life just to do no wrong, be prepared every day to try and do some good. -Sir Nicholas Winton

## Happenings this week:

Saturday, Nov. 8 Two Town Tuners to Perform at Fox Theatre. Historic Fox Theatre Restorations and Altrusa International are welcoming back the Two Town Tuners to Centralia's Fox Theatre Saturday. Doors open at 1 pm and the show begins at 2 pm. Admission for the show is \$15 per person. Presale tickets are available at Holley's Place, located next to the theater, or by calling (360) 623-9712. All proceeds will benefit Our Literacy Council of Lewis County. For more information, contact the Fox Theatre at (360) 623-1103 or visit www.centraliafoxtheatre.com.

**Tuesday, November 11th** (and Tuesday, November 25th). The Nut Ladies will be here in The Gathering Place selling nuts for the holidays. 9 a.m. to 11



a.m.

**Thursday, November 13th:** Movie Night here at The Gathering Place in Stillwaters Estates. This month's movie is "The Monuments Men," starring Matt Damon, Bill Murray, John Goodman and Kate Blanchett. The ice cream is served at 5:45 p.m. and the movie starts promptly at 6 p.m. Come join in the fun of watching this great movie with the group.

### **×** Weather:

Sloppy wet and windy, what a forecast! Temperatures will be in the 50's during the day, and rain with a few sunbreaks are the forecast for the foreseeable future. Bundle up and get out and enjoy this normal fall weather.