

Today's blog is really a stream-of-thought blog as one thing led to another and my original thought for the blog is gone with the wind!

There is an old aging joke that goes like this: You find you need to put new batteries in your flashlight and along the way you realize you have left your glasses in the other room. As you retrieve your glasses you notice that you left your coffee cup on the table and go to put that in the dishwasher and realize you forgot to get something out for dinner.

While in the freezer you see that you need to clean out and defrost the freezer. You look for a piece of paper to put it on your to-do list. Now you find you don't have your glasses, haven't put batteries in your flashlight, you don't know what you are having for dinner and say to yourself "what was it that I was going to put on this to-do list?" Does this ever happen to you? ☐

Yesterday I was reading an email from AARP about finding your happiness and more information could be found on the website. That sounded like an interesting trail to follow so today I went to the website and found a list of articles on "Happiness." I started reading an article about what makes people happy and saw an article that contained a quiz about what impacts our happiness. I took the quiz (which by the way I flunked) and that led me to a page of quizzes within the AARP website. This I found fascinating and before I knew it I learned all about Wi-Fi privacy (aced that quiz) and was searching the list for other fascinating topics to be quized on. What started all this anyway?

Sooooo.....here's the website for the AARP quizzes - just in case you need to be distracted from whatever it was you were doing! Click [HERE](#) for the link.

## QUOTE OF THE WEEK:



## HAPPENINGS THIS WEEK:

**Sunday, January 30th:** Twin Cities Rotary is having their **Taste of Lewis County** on Sunday, January 31st from 12-2pm or 3-5pm, at the *Historic Hotel Washington* in Chehalis. Tickets are \$20 per person, and available at Book n' Brush and Heymann Winery. The event features great food and drink from local restaurants.

**Thursday, February 4th:** The **Support-A-Scout Fundraising Dinner** will be held on Thursday, February 4th, at 6pm at the *Hotel Washington* in downtown Chehalis. The dinner helps support the programs of the Boy Scouts of America throughout Lewis County. For more information, call 360-304-8536.

## ON ANOTHER NOTE:



It All Started With Happiness! | 3

We have a resident who has two loving and faithful seven year old neutered male cats to give away. They are good pals and well trained to a litter box. Call the office if you are interested.

## **WEATHER:**

We have a chance of a few days of “partly cloudy” but dry days in the next week – Sunday, Wednesday and Friday! All other days are supposed to be wet but with moderate temperatures. Enjoy this mild weather!