



Tomorrow is the big day for turkey, pie and thankfulness so I decided to look around the web for an article, poem or story on thankfulness. We all have much to be thankful for and the story I found reminds us that each day we should practice the art of being thankful.

This story is from a couple years ago but still a goodie!

By Austin Schneider, November 24, 2014, Huffington Post

Austin tells his story of meeting with a old friend and mentor over coffee and having this conversation:



*"We were talking about the progress of careers and how people start at different places and go different directions. He then caught me comparing myself to some of my friends around the world. He cut me off very quickly and guided me..."*

*"Let me tell you something Teddy Roosevelt once said. '**Comparison is the thief of joy.**' Don't focus on what you don't have and don't focus on what your friends do have."*

*He said "Focus instead on where you are, what you do well and who you are in this very moment. Be thankful for that."*

Austin says it was the perfect reminder to be thankful everyday for what you have. He gave ten things to say thank you about every day.

1. *Your family*
2. *Your friends*
3. *Clean water*
4. *Food*
5. *Clothes*
6. *Connecting with others*
7. *Music*
8. *Movies*
9. *Books*
10. *YOURSELF and YOUR strengths*

I think I have mentioned a few times the many reasons to be thankful we live in Stillwaters, and in case you missed it this is my list to get us started.



1. Good Neighbors – great friends!
2. Warm and safe homes.
3. Social Activities aplenty for those who want it and peace and quiet for those who don't.
4. Living close to medical, dental and other services.
5. House plans that are thoughtfully designed for us over 50 year-olds.
6. Beautiful Landscaping – even through the winter months.

I could go on.... What are you thankful for?

**Happy Thanksgiving!**