

Everyone needs a bit of laughter in their lives and this week seems like a good week for a smile distraction. Whether it's the weather, politics or something else giving you the blues, enjoy the following attempts at humor.



Songs of the 60's and 70's:

Some of the artists of the 60's and 70's are revising their hits with new lyrics to accommodate aging baby boomers who can remember doing the "Limbo" as if it were yesterday. They include:

Bobby Darin – Splish, Splash, I Was Havin' A Flash

Herman's Hermits – Mrs. Brown, You've Got A Lovely Walker

Ringo Starr – I Get By With A Little Help From Depends

The Bee Gees – How Can You Mend A Broken Hip

Roberta Flack – The First Time Ever I Forgot Your Face

Johnny Nash – I Can't See Clearly Now

Paul Simon – Fifty Ways To Lose Your Liver

The Commodores – Once, Twice, Three Times To The Bathroom

Procol Harum – A Whiter Shade Of Hair

Leo Sayer – You Make Me Feel Like Napping

The Temptations – Papa's Got A Kidney Stone

Abba – Denture Queen

Tony Orlando – Knock 3 Times On The Ceiling If You Hear Me Fall

Helen Reddy – I Am Woman, Hear Me Snore

Leslie Gore – It's My Procedure, And I'll Cry If I Want To

Here's something to take note of:

Senior Citizen Texting Codes



ATD – At The Doctors

BFF – Best Friend Fell

BTW – Bring The Wheelchair

BYOT – Bring Your Own Teeth

FWIW – Forgot Where I Was

GGPBL – Gotta Go Pacemaker Battery Low

GHA – Got Heartburn Again

IMHO – Is My Hearing-Aid On

LMDO – Laughing My Dentures Out

ROFLACGU – Rolling On Floor Laughing and Can't Get Up

TTYL – Talk To You Louder

Short Jokes / One Liners

You want to hear a pizza joke? Never mind, it's pretty cheesy.

What kind of shoes do ninjas wear? Sneakers.

My friend recently got crushed by a pile of books, but he's only got his shelf to blame.

Why don't you ever see hippopotamus hiding in trees? Because they're really good at it.

What time is it when you have to go to the dentist? Tooth-hurtie.

Why can't a bike stand on its own? It's two tired.

Why didn't the lifeguard save the hippie? Because he was too far out man!

Just went to an emotional wedding. Even the cake was in tiers.

When you get a bladder infection, urine trouble.

Pampered cows produce spoiled milk.

You're not fat, you're just... easier to see.

Did you hear about the new corduroy pillows? They're making headlines everywhere!

I want to die peacefully in my sleep, like my grandfather.. Not screaming and yelling like the passengers in his car.

Light travels faster than sound. This is why some people appear bright until you hear them speak.

If I agreed with you we'd both be wrong.

I'll be spontaneous when I get around to it.

The source of all this week's humor was from a website called "Seniorcitizenstories.com".

QUOTE OF THE WEEK:

From there to here, and here to there, funny things are everywhere. – Dr. Seuss

HAPPENINGS THIS WEEK:

Friday and Saturday, March 24th and 25th: The last days of the AAUW Used Book Sale at the Lewis Co. Mall starting today thru Saturday. All paperbacks are \$2 and hardbacks – \$3 today. Prices for the books go down each day. Saturday...is “fill a bag with books” day! All proceeds go to fund scholarships for young women attending Centralia College. Here’s a chance to pick up some “good reads” for spring and summer!

Friday - Sunday, March 24th-26th: ‘A Few Good Men’ Coming to Evergreen Playhouse “A Few Good Men” is a modern tale about the sacrifices military officers must make on a daily basis and how, sometimes, those sacrifices and choices have drastic consequences. Performances will be March 24-26, March 30-31, April 1-2 and April 6-9. Thursday shows are at 7:30 p.m., Friday and Saturday at 8 p.m. and Sunday at 2 p.m.

Tickets are \$10 for adults and \$8 for students. They are available at the door or at www.evergreenplayhouse.com. The Evergreen Playhouse located at 226 W. Center St., Centralia

Saturday, March 25th: The Southwest Washington Dance Center invites you to the 25th annual **Dance Festival Northwest** on Saturday, March 25th at 7pm at *Corbet Theater at Centralia College*. You’ll get to see performances from nine different dance companies. Tickets are \$15 for adults, and \$10 for seniors,



Laughter is good for You! | 5

students and children. Get tickets and more information at the SW Washington Dance Center in Chehalis, Book n Brush in Chehalis and at swwdance.org.

Saturday, March 25th: The Master Gardeners of Lewis County will be holding a free workshop on **Soil Health** this Saturday, March 25th, from 10am-12pm, at the *Fort Borst Demo Garden* in Centralia. Learn what nutrients your soil needs to be more productive. Call 360-740-1216 for more information.



WEATHER: Rain for the next week is what the forecast is saying. Hopefully in lesser amounts than this past week. The sunshine later in the day, a few days this week was excellent! Spring is just around the corner (but keep your umbrella handy).