

Working as a Realtor in Stillwaters I see the challenge posed when people have to move to a smaller space and then have to decide what to do with their things. Whether you call it downsizing or right-sizing it is an obstacle that can cause many to decide not to move. It is understandable that choosing what to keep and what to eliminate is excruciating.

Sometimes I run into folks who share their method for accomplishing the rightsizing and then also there are many books written on the topic.

This week I am sharing a bit of advice from a book called “Don’t toss my memories in the trash” by Vickie Dellaquila, a certified Professional Organizer. Published in 2007, this book is focused on sharing moving, packing and disposal tips for seniors.

She uses a method called “Keep, Pass, and Toss” for sorting through belongings before a move. Since there is usually a lot of emotion in going through treasures, having a process to accomplish this tends to help.

To Get Started sort all items into these three categories.

**Keep:** Things that will be moved to your new home.

**Pass:** Things that will need to be given away, sold or donated.

**Toss:** Things that need to be discarded.

This is great advice for starting the moving and downsizing process and also for those times when you just need to clean out a closet! Having this process in

mind this week has helped me clean out a storage closet at home. This closet tends to be where I put just about everything over time so it has been productive using the keep, pass and toss method!

### QUOTE OF THE WEEK:

*All you need is the plan, the road map, and the courage to press on to your destination.* – Earl Nightingale

### THINGS TO DO THIS WEEK:

**Today through Sunday:** The Chehalis Garlic Fest & Craft Show will be at the Southwest Washington Fairgrounds. The event features garlic-themed cuisine, artisans and craft vendors, kids' activities and chef demonstrations. Northwest farmers will be bringing more than 65 varieties of garlic.

General admission is \$5. Those age 65-plus and military with ID is \$4. Children 7 and under are free. Also, there is free parking. Hours are noon-7 p.m. Friday, 10 a.m.-7 p.m. Saturday and 10 a.m.-5 p.m. Sunday.

**Saturday, August 26th:** Hub City Car Show. The Lewis County Quarter Milers and the Centralia-Chehalis Chamber of Commerce will present the Hub City Car Show this Saturday along Tower Avenue in downtown Centralia. Admission to the Hub City Car Show is free. There will be raffle tickets available to purchase, including one for a car giveaway. The show is from 9 a.m. to 4 p.m., Saturday only. For information call 360-748-8885.

Where: Tower Avenue in downtown Centralia between the Historic Fox Theatre

and Hubbub

**WEATHER:** Be prepared for hot weather this weekend. Projected temperature for tomorrow is 87 degrees, Sunday 92 degrees and Monday 96 degrees. Drink lots of water and stay cool!

